



PROGRAM | HCANZA 2022

DAY 1 | THURSDAY 2 JUNE

4.15pm - 5.00pm

Registration

5.00pm - 7.00pm

Welcome to Country

BREAKING THROUGH - Health & Wellness Coaching - Post Pandemic Paradigm:

Lessons from history have led to breakthroughs in the old sickness paradigm, and H&W Coaching as the imperative in the post pandemic era.

Grant Schofield, PreKure

10 Lessons from Medicine – The Coach Imperative

HCANZA Inaugural Awards Presentation

Health & Wellness Coach of the Year

NETWORKING

DAY 2 | FRIDAY 3 JUNE

7.45am - 8.15am

Registration

8.30am - 10.00am

Acknowledgement of Country

SESSION1

BREAKING OUT - Thinking big, exploring the possibilities:

Big ideas on mastering your coaching, innovation in the digital market of mental health, and exploring the many ways to deliver your key message across platforms.

Michael Arloski, Real Balance Global Wellness

Coaching and deepening the craft

Paul Taylor, Mind Body Brain Performance Institute

Death by Comfort – why modern life is killing us and what we need to do about it

Suzie Carmack, YogaMed Co

Co-creating value as a Coach plus... how to build your personal brand and business with a portfolio career (without burning out)

Q&A



PROGRAM | HCANZA 2022

DAY 2 | FRIDAY 3 JUNE

10.30am - 12.30pm

SESSION 2

BREAK THROUGH PARTNERSHIPS - Partnerships, and Exemplars from the field

How you as a coach can work in collaboration across sectors and communities.

Grant Schofield, PreKure

Towards better mental health: Glutamate and lifestyle

Troy Morgan, Willows Health Group

Breaking into the Corporate World – Strategic Partnering

Dr Sandra Scheinbaum, Functional Medicine Coaching Academy

Career Opportunities for Health Coaches in the Post-COVID Era

Bee Pennington, Melbourne Functional Medicine

The Benefits of Health Coaching in an Allied Health Setting

Sam McBride, liveMewell, and Kent Johns, Kent Johns Health

Men's Muster Community Program – Fiordland New Zealand

Q&A

12.30pm - 1.30pm

LUNCH / NETWORKING

1.30pm - 3.15pm

SESSION 3

BREAKING BUSINESS GROUND - Establishing Coaching Business

Business tips from the experts

David Carroll, Business Coaching International

Building a Thriving Coaching Business

Melanie White, Melanie J White Coaching

Having an Impact – How do we Break Ground in Health & Wellness Coaching

Philippa Flowerday, The Change Room

While you see a chance, take it! The merits of working as a Health & Wellness Coach within an organisation

Michelle Yandle, Holistic Performance Institute

Empowered Eating Model

Q&A



PROGRAM | HCANZA 2022

DAY 2 | FRIDAY 3 JUNE

3.30pm - 5.00pm

SESSION 4

BREAKTHROUGH PIONEERS - Inspiring Best Practice

You as coach. Where are the new fields?

Dr. Cam McDonald, Precision Health Alliance

Coaching and Technology – the inevitable and powerful duo

Shivaun Conn, Accredited Health Coaching Australia

Negative emotions and Trauma Informed Care – expanding your scope of practice

Sarah Rusbatch, Sarah Rusbatch Coaching

From Wasted to Wellness – an inspiration story of how one change can impact the rest of your life and thousands of others along the way

Fiona Cosgrove, Wellness Coaching Australia

Development and Care of the H&W Coach

Q&A

5.00pm

OFFICIAL CLOSE

WITH THANKS TO OUR SPONSORS:

Platinum

PREKURE*

Silver



Bronze



Award Sponsors



Major Destination Sponsor

BUSINESS EVENTS
GOLDCOAST.